

SSU Health & Dental Plan

SSU

sheridan student union

Make the most out of it

Office Benefit Guide 2022-2023

Health Up to \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs Covers the dispensing fee up to \$8 per prescription/refill. Other maximums may apply for certain categories of drugs.	80%	\$5,000
Vaccinations	100%	\$150
Psychologist/Clinical Counsellor/Master of Social Work	60%	\$500
Physiotherapist	60%	\$400
Chiropractor Includes one x-ray per policy year	60%	\$400
Massage Therapist Requires a referral from an MD	\$40	\$400
Athletic Therapist	\$40	\$400
Naturopath	\$50	\$500
Podiatrist/Chiropodist Includes one x-ray per policy year	\$40	\$400
Osteopath Includes one x-ray per policy year	\$40	\$400
Registered Dietitian Requires a referral from an MD	\$40	\$400
Speech Therapist	\$40	\$400

PLUS! Diagnostic services, tutorial benefit, medical equipment, ambulance, hospitalization, home nurse, and more

Vision Up to \$375

	Amount Covered	Eligible Every
Eye Exam	\$75	1 policy year
Eyeglasses and Contact Lenses	\$150	24 months
Laser Eye Surgery	\$150	1 policy year

NEW! Virtual Health Care

A telemedicine service that virtually connects you with nurses and physicians from anywhere in Canada

Provided by **Dialogue**

NEW! Conversation: Mental Health & Well-Being Services

Consultations with mental health professionals offered during the day, evening, and weekend, until remission. Initial triage is available 24/7.

Provided by **Dialogue**

Dental Up to \$750

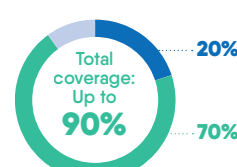
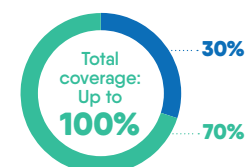
- Insured portion
- Studentcare Dental Network savings

Preventive Services

- Recall exams
- Cleanings
- Impacted wisdom teeth extractions
- Scaling

Basic Services

- Fillings

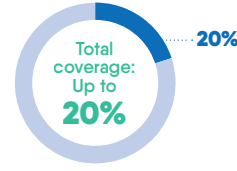
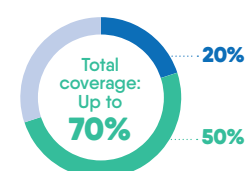


Basic Services

- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)

Major Restorative

- Crowns
- Bridges
- Posts



Travel Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad Includes coverage for the duration of a student exchange/internship	120 days	per trip
Medical Incident In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
Trip Cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
Trip Interruption In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

Empower Me: Student Assistance Program

A mental health and wellness service available 24/7

Powered by **Optima Global Health**

Plan Fees

Health & Dental Plan Combined
Annual Fee
\$312

Coverage for new Winter Term students



Winter 2023 Fee
(January-August)
\$208

Coverage for new Spring Term students



Spring 2023 Fee
(May-August)
\$104

If you're eligible, the Plan fee for coverage from Sept. 1 - Aug. 31 will be automatically included in your tuition and other fees. New Winter and Spring Term students pay a pro-rated fee for coverage until Aug. 31.

Group Numbers

Health, vision, and dental: 56003 (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Travel: 97180 (administered by Blue Cross Life Insurance Company of Canada)

Change-of-Coverage Periods

Fall Term: Aug. 16 - Oct. 3, 2022

Winter Term (new students only): Jan. 4 - 25, 2023

Spring Term (new students only): May 8 - 23, 2023

If you're eligible, **the Plan fee is automatically included in your tuition and other fees.** During the applicable period above, you can opt out of the Plan if you have proof of other coverage or enrol your family. See www.studentcare.ca for instructions.

Family Enrolments

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) during the applicable Change-of-Coverage Period each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



Add one dependant for
\$321.35
for full-year coverage*



Add unlimited dependants for
\$642.70
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 - Aug. 31, 2023 (for new Winter Term students) and for coverage from May 1 - Aug. 31, 2023 (for new Spring Term students) are available online.

STUDENTCARE



Questions?
www.studentcare.ca

Scan the QR code for complete details on coverage, fees, and eligibility.